

Spectrum



NO9

RI District 3291

August 31, 2019 Weekly bulletin of Rotary Club of Salt Lake Metropolitan Kolkata

EDITOR BL AJITSARIA

PRESIDENT DR SUDHA CHAUDHARY

SECRETARY **KUSUM CHAMARIA**

CLUB NO 78956 **CHARTERED ON APRIL 30, 2008** WEBSITE www.rcslmk.org

Overwhelming response of Duttafulia women at the RCSLMK's Medical Checkup



A team of club members comprising of Gynecologists, general physician and Dental Surgeon and past Presidents supported with ILS Hospital's paramedical staff got surprised to observe overwhelming response of women seeking relieves from various ailments at the club organized Medical Camp held on Sunday, August 25, 2019 at Duttafulia, a semi-urban village on the bank of river Ichamoti, close to Bangladesh border.



About Duttafulia

Duttafulia named after the Jaminder (land lord) family of Dutta in early decade of nineteenth century. Located on the bank of river Ichamoti, 18 KM from Ranaghat, Dattafulia is well connected by bus routes from ranaghat, Krishnanagar, and Bangaon. Bangladesh border is on the east of the river Ichamoti about 5 KM away



The livelihood of people of Duttafulia are mostly agriculture. In the present days many Duttafulian are secured their jobs in state service and school services. Few people are also working in kolkata. In recent years Duttafulia Union Academy has delivered Engineers, doctors and administrator who are serving to Government of India as well as Government of West Bengal.



Most of the people in Duttafulia are Hindu refugees from Bangladesh. As the Border of Bangladesh is just 5 Km apart from the main centre of village, people came from Bangladesh and made their home at Duttafulia.



Educational circle is very good in the village. There are number of primary schools along with many English medium convent schools. At the heart of the village there are high schools one each for boys and girls. Colleges are available within 20 KM radius.



Till date Duttfulia has generated some state level sport person. Mostly are in football. In early 1990 there are numerous organizations (clubs) for arranging and developing the sports in area. The popularity of playing games is decreasing as similar to other part of the country. Till date some organization like Abhijan club, DYMA club exist in sports.

Duttafulia has, among others, a Primary Health Center. The sub-divisional Hospital is at Ranaghat, about 18 KM away.

About the Medical Camp at Duttafulia

Club's medical team comprised of, among others, Dr Saktirupa Chakraborty, Obstetrician, PP Dr Aruna Tantia, specialized in Medicine: Minimal Invasive Gynecology (MIG), IPP Ankush Bansal, Consultant: Oral & Maxillofacial Surgery, PP Kusum Chamaria and paramedical and support staff.

The team, with necessary measuring kits and medicines, started from Salt Lake at an early hour of the day by 8.00 hours with a target of reaching by eleven. Being inadequately briefed ny the local RCC, by the time the team reached destination, crowd built up significantly and the clock showed 12.39 hours!

The team immediately started work that included, apart from consulting and distribution of medicines, testing and recording of Blood pressure and blood glucose.

Inflow of ailing women continued till afternoon. After examining everyone, the team had brief lunch before wrapping up and departure just before sun set at about 17.00 hours. The team reached Salt Lake when the night was still young as the clock showed 21.00 hours.

Building international relationships through Open World Posted on August 28, 2019 by Bill Bracken, Past President of the Rotary Club of Mid-Cities Pacesetters, Texas, USA



There are many ways that Rotary promotes international understanding and goodwill, but the Open World Program is the one that our club enjoys the most. The Open World Program brings delegations of six to eight young professionals from former Soviet Republics to the United States. This allows them to build a personal relationship with an American family and exposure to Rotary.



Each group is hosted by a Rotary club(s), or other non-profit organizations. Surprisingly, only about 30 Rotary clubs participated last year. Our club has hosted delegations from Tajikistan, Kyrgyzstan and two from Ukraine over the last five years. We love the close relationships that develop in a week. Three host families have maintained contact with some of the delegates and two host families are planning to visit Ukraine in the near future. We discussed a possible joint project with the Rotary Club of Kobelyaki in Ukraine.



During a dinner at a Rotary member's home this year my wife brought her pecan pie for dessert. The delegates loved it so much that one asked for the recipe. At the next gathering my wife brought the ingredients and showed them how to make the crust from scratch and bake the pie. As a parting gift to the Rotarians from Ukraine, she included an ample supply of Texas pecans (which are very pricey in Ukraine).



Three women from the previous Ukrainian delegation became "adopted" daughters of their host family, calling their Rotary host "dad." Although they wanted to "Uber" home late at night, he was so concerned about their safety he picked them up every night at the nightspot – as if they were his daughters.



Delegates live with families of the host organization during their visit. The delegates enjoy a weeklong schedule of professional activities and social events planned by the host club covering a theme which the delegates have pre-selected.



For example, the four delegations we hosted selected one of these themes: local taxes, adoptions and foster care, or decentralization of healthcare. The goal of the delegates is to find ways to improve those programs in their country when they return home.



This program is administered by Rotary International, but is sponsored and funded by the Open World Leadership Center, an arm of the U. S. Congress. There is no cost to the host Rotary club or district if activities are conducted within the Open World guidelines and the generous budget authorized by Open World. In the four years our club hosted, all our expenses were reimbursed.







How women lead differently

Posted on August 28, 2019 by Kathleen Rose, vice president of the Rotary Club of Gilroy, California, USA



I attended the Rotary International Convention in Hamburg, Germany, in June, to widen my own leadership experience as I was preparing to serve as club president next year. I was asked to present a breakout session entitled Women's Leadership Skills: Strengthening Our Rotary Legacy.

What an experience! Although I have been a scholar of leadership for many years, have written on the subject often, and have had the opportunity to speak nationally, it was a thrill to present to an international audience of Rotary leaders who are clearly motivated change agents.

If ever there were a time to focus on the work of leadership, the development of leadership skills, and the debate around qualified leadership, it is now. Especially for women. It's time to deepen our commitment to Rotary's values through service, innovation, and setting priorities that reflect the needs of our communities. We need to build new relationships that will strengthen the impact of Rotary worldwide.

Common attributes of women leaders

I have found that women leaders today who are ready to do the thoughtful work around change share the following attributes:

- They understand the importance of human connection away from technology and keep it as a priority.
- They are curious and creative and ask questions that lead to comprehension.
- They look beyond the obvious and provide solutions by using a systems-based ideology that help others stay engaged.
- They are unafraid of transparency in voice and action, and are willing to care for others with authenticity.
- They share their personal growth stories...but in alignment with the growth they experience in the workplace. Lessons are real and meaningful.
- They take purposeful actions and show emotional intelligence in practice, rarely apologizing for showing both strength and emotion in making key decisions.

There are many examples of this type of leadership in the Rotary world. One of my favorite examples is Stephanie Woollard, founder and CEO of Seven Women. In 2006, Stephanie met with seven disabled women working in a tin shed in Kathmandu, and with the last \$200 in her possession, paid for a trainer to teach the women how to produce products for sale locally and abroad. Her potential and leadership was recognized by Rotary in 2016 when she was accepted into the Rotary Peace Fellowship program. Stephanie took purposeful action based upon recognizing a need, and developed a solution that was sustainable with a supportable system that gained strength and momentum over time.

Steps to being a change agent

So what are the first steps for women in Rotary to achieve these goals for themselves and their clubs? To be a change agent, you must:

- First identify your values, assumptions, and beliefs about change.
- Next, believe in yourself, and know that you can motivate those around you with your voice, your passion about the community projects that your club selects, and your confidence as a Rotarian.
- Then, find a mentor and create your strength circle of those who support your leadership journey. Put yourself in environments where change is occurring and you can engage in a shared vision and dialogue about the impact of change ... in other words, educate yourself and take risks!

Leadership is a practice. I have been a scholar of leadership for many years and I am still excited about the discoveries I am making in my own growth and development as a leader. As I prepare for my year as club president, I will reflect on the object of Rotary: To develop relationships as an opportunity for service. And I will continue to develop my ethical standards; enrich my personal, business and community life; and advance goodwill and peace throughout the world.

But I will do so through the lens of my personal leadership journey, applying the passion I have for change and the ways I know my club can achieve it through collective leadership. I look forward to continued growth as a leader!

How Rotary changed my career

Posted on August 27, 2019 by Thineskumar Asokokumara, past president of the Rotary Club of Subang, Malaysia



In June, my company held interviews to fill an opening for manager of our Kuala Lumpur support center. We are a company of over 2,000 employees listed on NASDAQ and worth multi-millions of dollars. The interview was no small thing. A panel of four including our senior vice president judged the candidates.

I would not have even considered applying if it were not for Rotary. Going in, I was a considerable underdog. Several people who applied were my seniors in experience and tenure with the company. Some of them had been working at our company since day one. I was no match for them.

I initially decided to apply for the position just to make my presence known in the organization and to gain exposure and experience. Little I did know that my involvement in Rotary would make me a real contender.

During the interview, in addition to talking about my educational background and technical skills, I shared the many ways I have been involved with my Rotary club and the experience that I have gained. I explained how I have grown both personally and professionally. The leadership qualities Rotary has instilled in me have made me a better person both at work and at home. I was able to speak with confidence as I pitched my ideas to the panel about how I would lead the team toward achieving the goals and targets management has set.

Rotary's reputation itself added credibility to my presentation, and the panel was impressed. They rated my presentation the best and called it fabulous. Although I walked in an underdog, I walked out a proud Rotarian, convinced of the many ways Rotary has made me a better person.

I am now manager of my organization's support office in Kuala Lumpur. This would not have been possible without Rotary, which has made me the person I am today. Rotary continues to teach me valuable lessons as I grow my personal and professional skills.

Upcoming Club programs

Sep 8, 2019 25 beneficiaries will receive Cycle Vans under Global Grant 1524507 titled 'Swabalamban 3' at Amta Howrah

Sep 15, 2019 35 beneficiaries will receive Cycle Vans under Global Grant 1524507 titled 'Swabalamban 3' at Chakhah, Nadia

> Free Health camp at Chakdah, Gynae, Paed, Skin, Oral Cancer, Medicine doctors required Blood donation camp at Chakdah

> Project Green: Distribution of fruit plant sapling to 115 people at Chakdah

Birthdays of Rotary members in September 2019

Somendra Ch Nandy, past Governor, on September 5, 2019 Shyamashree Sen, past Governor on September 21, 2019

September is Basic Education & Literacy Month

UNWIND

A lady about 8 months pregnant got on a bus.

She noticed the man opposite her was smiling at her. She immediately moved to another seat. This time the smile turned into a grin, so she moved again.

He seemed more amused.

When on the fourth move, the man burst out laughing, she complained to the driver and he had the man arrested.

The case came up in court. The Judge asked the man, about 20 years old, what he had to say for himself.

The man replied, "Well your Honor, it was like this: When the lady got on the bus, I couldn't help but notice her condition. She sat under a sweet sign that said, "The Double Mint Twins are coming" and I grinned. Then she moved and sat under a sign that said "Logan's Liniment will reduce the swelling", and I had to smile.

Then she placed herself under a deodorant sign that said "William's Big Stick Did the Trick", and I could hardly contain myself.

But, your Honor, when she moved for the fourth time and sat under the sign that said "Goodyear Rubber could have prevented this Accident", I just lost it.

TAILPIECE

